



## CHRISTOPHER PAUL CASTRO, D.O.

### Contact Information:

Office: 833-277-3828  
Office Fax: 908-271-7128

### Address:

IME+  
1455 Broad Street, Suite 220  
Bloomfield, NJ 07003

### Postgraduate Training:

July 2006 – July 2007  
Interventional Plain and Musculoskeletal  
Fellowship  
University of Medicine and Dentistry of New  
Jersey, Newark, New Jersey

July 2003 – June 2006  
Physical Medicine and Rehabilitation Residency  
Sinai Hospital, Baltimore Maryland

July 2002 – June 2003  
Rotating Osteopathic Medicine  
Mercy Suburban Hospital, Morristown,  
Pennsylvania

### Education:

July 1998 – May 2002  
Doctor of Osteopathic Medicine  
New York College of Osteopathic Medicine, Old  
Westbury, New York

September 1994 – May 1998  
Bachelor of Science, Chemistry  
Minors: Jazz Performance Biology  
Fairfield University, Fairfield, Connecticut

### Employment:

**The Orthopedic Institute of New Jersey**  
September 2010 to Present  
Emphasis on: Outpatient Musculoskeletal  
Medicine, Interventional Spine Care, General  
Physiatry, Electrodiagnostics (EMG).

August 2007 – September 2010  
Private Practice, Northeastern Rehabilitation  
Associates, P.C.  
Emphasis on: Outpatient Musculoskeletal  
Medicine, Interventional Spine Care, General  
Physiatry, Electrodiagnostics (EMG), and  
Occupational Medicine.

**IME+ Partner**  
2018 to Present

### Board Certifications:

Recertified in 2017: Physical Medicine and  
Rehabilitation (Diplomat)

2007: Physical Medicine and  
Rehabilitation (Diplomat)

2017, recertified in 2022: American Board of  
Independent Medical Examiners

### Examinations:

|               |                       |
|---------------|-----------------------|
| 2017          | Recertified ABPMR     |
| June 2007     | Passed ABPMR Part 2   |
| August 2006   | Passed ABPMR Part 1   |
| December 2003 | Passed COMPLEX Part 3 |
| August 2001   | Passed COMPLEX Part 2 |
| June 2000     | Passed COMPLEX Part 1 |

### Licensures:

2006 – Present  
New Jersey 25MB08078100

2002 – 2005  
Pennsylvania OT009946

June 2007 – 2017  
Pennsylvania OS014122

**Honors:**

2021: Chosen to be Oral Board Examiner for American Board of Physical Medicine and Rehabilitation

2012 – 2022: NJ Top Doctor, selected by New Jersey Monthly Magazine

1998 – 1999: Honors in Osteopathic Manipulative Medicine

1998: Fairfield University cum laude

1996: Inducted into Alpha Sigma Nu (Jesuit Honor Society)

**Memberships (past and present)**

Spine Intervention Society

Physiatric Association of Spine, Sports and Occupational Rehabilitation

American Academy of Physical Medicine and Rehabilitation

Association of Academic Physiatrists

**Research Experience and Publications:**

Contributing Author, “Injection Procedures: Osteoarthritis and Related Conditions” 2010

Co-author, Emedicine article, “Epidural Steroid Injections”

Chen B, Stitik T Foye P, Castro C Mehnert M, Malana G. – Ultrasound-Guided Tendon Sheath Injection with Methylprednisolone for Severe Posterior Tibial Tendonitis – A Case Report. Poster 338. AAPM&R Annual Meeting. Boston, Massachusetts. September 2007

Regional Managing Editor and Contributor, Rehab in Review. Responsibilities include reviewing and summarizing published articles and editing fellow residents’ summaries.

February 2006 – June 2006

Castro C., Felsenthal G., Bedrail Compression of Radial Nerve. American Journal of Physical Medicine and Rehabilitation.

84 (3) :212, 2005 March

Gomez-Merino E., Sancho J., Marin J., Servera E., Blasco, ML., Beida FJ., Castro C., Bach JR., Mechanical insufflation-exsufflation: pressure, volume, and flow relationships and the adequacy of the manufacturer’s guidelines. American Journal of Physical Medicine and Rehabilitation.

81 (8) : 579-83, 2002 August

Castro C., Bach JR., Effort of manually-assisted cough and mechanical insufflation on cough flow of normal subjects, patients with chronic obstructive pulmonary disease (COPD), and patients with respiratory muscle weakness. Thorax.

57 (3) : 281, 2002 March

Student Researcher at Fairfield University. Developed and organized an original research project on the effects of Vitamin B12 and Folic Acid on in vitro Homocysteine concentration December 1997 – May 1998

**Lectures and Presentations:**

Community Education Program, Hackettstown Regional Medical Center, “Low Back Pain”, May 10, 2011

Lunch and Learn Program, Hackettstown Regional Medical Center, “Low Back Pain”, April 12, 2011

Radio Program, WRNJ, “Low Back Pain”, March 22, 2011

CME Program, “International Pain Management”. St. Luke’s Neuroscience. September 27, 2008

Northeastern Rehabilitation Associates, “SI Joint Pain”. Scranton, PA. August 14, 2008

Community Lecture, “Treatment of Neck Pain”. St. Luke’s Quakertown Hospital. May 14, 2008

EMG-Guided Botox Injections for Patients With Spastic Dysphonia; Review of a 7-year experience. UMDNJ/Kessler Graduation Research Day. 2007

Lecturer for Physical Medicine and Rehabilitation Course at New Jersey Medical School