



## WILLIAM MATTHEW SAYDE, M.D.

### CONTACT INFORMATION:

Office: 833-277-3828  
Office Fax: 908-271-7128

### ADDRESS:

IME+  
557 Broad Street, Suite 22  
Bloomfield, NJ 07003

### EDUCATION:

#### May 2006

Rensselaer Polytechnic Institute (RPI), Troy,  
NY Summa Cum Laude Bachelor of Science in  
Biology Minor in Community & Health Psychology

#### June 2009

Albany Medical College (AMC), Albany, NY,  
Accelerated Combined RPI/AMC Physician-  
Scientist B.S./M.D. Program

### POST GRADUATE EDUCATION AND TRAINING:

#### June 2009 – June 2014

Thomas Jefferson University Hospital  
(Philadelphia, PA) Orthopaedic Surgery Residency;  
Program Director Dr. James Purtill

#### Aug 2014 – July 2015

MedStar Union Memorial & Washington Hospital  
Center Sports Medicine Fellowship; Program  
Director Dr. Richard Hinton Serving as assistant  
team physician for the Baltimore Ravens,  
Washington Nationals, Washington Capitals,  
Washington Wizards, Morgan State University,  
Towson University

### EMPLOYMENT HISTORY:

Orthopedic Surgeon  
**The Orthopedic Institute of New Jersey**  
August 2015 to Present

Main Office:  
376 Lafayette Road, Suite 202  
Sparta, New Jersey 07871

#### IME+ Partner

October 2021 to Present

### MEDICAL LICENSURES:

Board Certified in Orthopedic Surgery  
(Diplomate of the ABOS)  
7/27/17 - present

Maryland Medical License,  
active 9/20/13-9/30/15

District of Columbia Medical License,  
active 5/5/14-7/31/15

New Jersey Medical License,  
active 4/8/15 - current

New Jersey CDS License,  
active 4/22/15 – current

Pennsylvania Medical License  
active 12/12/13 - current

Federal DEA License (state of PA),  
active 2013-2/28/17

Federal DEA License (state of NJ),  
active 5/11/15-current

### PROFESSIONAL SOCIETY MEMBERSHIPS:

AOA medical student member 2009-2010

Philadelphia Orthopedic Society resident member  
2009-2014

AOSSM 2014 – 2021

AAOS Member 2014 - present

**HONORS AND AWARDS:**

- 2001 Rensselaer Polytechnic Institute Medal for Outstanding Achievement in Math and Science
- 2006 Commendation for scholastic excellence in the first year, Albany Medical College
- 2007 Commendation for scholastic excellence in the second year, Albany Medical College
- 2008 Elected to AOA medical honors society
- 2011 Jerome M. Cotler and Phillip J. Marone award for outstanding excellence in leadership (TJUH)
- 2013 Nominated for/attended the Resident Leadership Forum of the American Orthopedic Association
- 2014 Everett J. Gordon award for outstanding clinical achievement (TJUH)

**TEAM COVERAGE:**

- 2012 and 2013 Philadelphia Marathon
- 2014-2015 assistant team physician for Washington Nationals, Baltimore Ravens, Washington Capitals, Washington Wizards, Morgan State University, Towson University

**ADMINISTRATIVE SERVICE:**

- 2006-2007 Chairman of the Medical Education committee of AMSA, AMC chapter
- 2013-2014 Journal Club chief resident

**PUBLICATIONS:**

Peer-Reviewed Publications

- 1) **Sayde WM**, Cohen SB, Ciccotti MG, Dodson CC. "Return to Play After Type II Superior Labral Anterior-Posterior Lesion Repairs in Athletes: A Systematic Review". CORR 2012 Jun;470(6):1595-600.
- 2) Sheikh E, Peters JD, **Sayde W**, Leinberry CF. "A Prospective Randomized Trial Comparing the Effectiveness of One versus Two (Staged) Corticosteroid Injections in the Treatment of Stenosing Tenosynovitis". HAND, January 2014.

**ABSTRACTS AND/OR PROCEEDINGS:**

- 1) **Sayde W**, Dodson C, Cohen S, Ciccotti M. "The Outcome of Type II SLAP Repairs in Overhead Throwing Athletes: A Meta -Analysis" (e-Poster at the AANA meeting April 2011)
- 2) Leinberry C, Sheikh E, Peters J, **Sayde W**, Dowdell J. "A Prospective Randomized Study Comparing the Effectiveness of One versus Two Injections for Symptomatic Stenosing Tenosynovitis" (accepted for AAHS podium presentation January 2013)
- 3) Leinberry C, Sheikh E, Peters J, **Sayde W**, Dowdell J. "A Prospective Randomized Study Comparing the Effectiveness of One versus Two Injections for Symptomatic Stenosing Tenosynovitis" (Presented at the podium of AAOS 2013)